



# ALLEN LOCATION



Leadership Academy  
 1505 W. McDermott #140 Allen, TX 75015 Effective August 20, 2011 visit us at [www.USAMartialArtsFitness.com](http://www.USAMartialArtsFitness.com)

CLASSES	MON	TUES	WED	THURS	FRI	SAT (AM)	<b>USA MARTIAL ARTS LEADERSHIP ACADEMY SCHOOL POLICIES</b> <input checked="" type="checkbox"/> PLEASE ARRIVE 10-15 MINUTES PRIOR TO CLASS TIME <input checked="" type="checkbox"/> REMAIN IN PROPER WARMUP AREA <input checked="" type="checkbox"/> NEVER DISTURB CLASS IN SESSION <input checked="" type="checkbox"/> QUIETLY STRETCH AND PREPARE FOR CLASS <input checked="" type="checkbox"/> ALL JEWELRY MUST BE REMOVED PRIOR TO CLASS <input checked="" type="checkbox"/> ALL VALUABLES SHOULD BE LEFT IN YOUR CAR <input checked="" type="checkbox"/> CLEAN UNIFORM AND HYGIENE HABITS ARE A MUST <input checked="" type="checkbox"/> USA MARTIAL ARTS T-SHIRTS CAN BE WORN ON SATURDAYS <input checked="" type="checkbox"/> ALL GUESTS SHOULD REMAIN IN SEATING AREA <input checked="" type="checkbox"/> ALL BELONGINGS SHOULD BE PLACED IN DESIGNATED AREA <input checked="" type="checkbox"/> CHILDREN MUST REMAIN IN WAITING ROOM	
LITTLE DRAGONS	3:30-4:00 PM	4:30-5:00PM	3:30-4:00 PM	4:30-5:00PM	Available for private lessons and events	10:00-10:30 AM		
LITTLE DRAGONS BBC	3:30-4:15PM		3:30-4:15PM			10:00-10:30 AM		
KID'S BASIC	4:15 - 4:45 PM	6:00-6:30 PM	4:15 - 4:45 PM	6:00-6:30 PM		10:30-11:00 AM		
MASTER'S CLUB 1	5:00-5:45 PM	5:15-6:00 PM	5:00-5:45 PM	5:15 - 6:00 PM		11:00-11:45 AM		
MASTER'S CLUB 2	6:30-7:15 PM		6:30-7:15 PM			11:00-11:45 AM		
MASTER'S CLUB 3								
LEADERSHIP	5:45-6:30PM							
ADULT & TEEN BASIC		6:45-7:15 PM		6:45-7:15 PM		11:45-12:15 PM		
ADULT & TEEN MASTER'S		6:45-7:45 PM		6:45-7:45 PM		11:45-12:45 PM		
<b>Allen</b> <b>469-854-6872</b>	<b>HAVE YOUR BIRTHDAY PARTY HERE!!</b> Just bring your camera, sit back, and enjoy...We do all the work!! Each 90 minute party includes an exciting martial arts lesson developing team work through games and drills! Gift certificates for all kids, and a black belt for the birthday child to wear during the party! Contact Ms. Paola Morales for more details at 469-854-6872 Email: <a href="mailto:allenschool@usamartialartsfitness.com">allenschool@usamartialartsfitness.com</a>							